

# Noamh Seosamh Lann Abhaic

Saint Joseph's GAC Glenavy  
Cumann Lutchleas Gael

## Code of Best Practice for Youth Members

Cumann Lutchleas Gael believes that youth centred approach should be adopted by everyone involved in the promotion and development of Gaelic Games at underage level. The GAA coaching resources and activity programmes are firmly rooted in this philosophy and highlight the importance of participation, enjoyment and equality. These are also structured to assist young people to value discipline and to strive to achieve full potential as they mature and develop.

The following are guidelines for each youth member of St. Joseph's GAC to follow, so that each individual has the opportunity to participate and have fun in playing our games. Young people must be encouraged to realise they have responsibilities to treat others with fairness and respect.

Young players should undertake to :-

- Play fairly, do their best and enjoy themselves
- Represent their club and family with pride and dignity
- Shake hands before and after the game
- Respect the following :-
  - match officials and accept their decisions gracefully
  - team and club officials at all times.
  - fellow team members giving them support when they do well or not so well
  - opponents
  - supporters and spectators
  - property, grounds and equipment
- Be modest in victory and gracious in defeat
- Let your Coach know when you are unavailable training and competition.
- Be punctual and properly attired
- Not use foul or provocative language or gestures

Any youth member who does not adhere to this code of practice may be asked to appear (with parent/guardian) before the Club Disciplinary Committee.

Young members of St. Joseph's GAC are entitled to :-

- Be safe
- Be happy, have fun and experience a sense of enjoyment and fulfilment
- Be treated with respect
- Be afforded appropriate confidentiality
- Be listened to
- Be Believed

Role of Parents / Guardians

Parents / Guardians have an influential role to play in assisting their children in adopting a positive attitude and encouraging them to maintain an involvement in sport. Parents should not attempt to meet their own needs for success and achievements through their children’s participation in Gaelic Games. The following guidelines will be of assistance in this respect.

<p><b>Do’s</b> Do show approval for effort, not just results. Do try to make words and actions match. Do attend games on a regular basis and assist in the organisation of club activities. Do give advice on the importance of maintaining a balanced lifestyle. Do listen to what young people have to say. Do try to appreciate the strength of a young person’s emotions – positive and negative. Do realise the power of example. Do make sure your child is properly attired for training sessions. Do speak with a Coach or a Club Officer if your or your child has a problem at/with coaching/playing.</p>	<p><b>Don’ts</b> Don’t exert undue pressure on young people. Don’t say one thing and do another. Don’t make promises you cannot keep. Don’t ask “how much did you score/win or lose by. Don’t just show approval when the team wins. Don’t criticise playing performance – seek to identify areas where improvement can be made. Don’t just leave your child to coaching/playing. Offer to help if possible.</p>
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Children and Sport

- Children learn what the live.
- Children who live with criticism, learn to condemn.
- Children who live with hostility, learn to fight
- Children who live with ridicule, learn to be shy.
- Children who live with shame, learn to be guilty.
- Children who live with tolerance, learn to be patient
- Children who live with encouragement, learn confidence.
- Children who live with praise, learn to appreciate.
- Children who live with fairness, learn justice.
- Children who live with approval, learn to like themselves.
- Children who live with acceptance and friendship, learn to find love in the world.

Anonymous

Parent/Guardian please Sign here----- Date -----

Youth Member please print name -----Date -----

Would you like to become a member of the club? Please ask any Committee member for a registration form.